

Fun Mini Burgers

Ingredients

1 package Fresh Ground Chicken or Lean Ground Turkey
3 tablespoons dry breadcrumbs
1 tablespoon Worcestershire sauce
Salt and pepper to taste
4 slices American or Cheddar Cheese, cut in half
8 dinner rolls
Lettuce and tomato to garnish, if desire

Instructions

1. If grilling, grease grill. Preheat grill or broiler.
2. In medium bowl, mix chicken, breadcrumbs and Worcestershire sauce. Shape into 8 small patties.
3. Grill or broil patties for about 7 minutes, flipping halfway through cooking time. Burgers are done when a meat thermometer inserted in center reaches 165°F. or juices run clear and burgers bounce back to the touch. Season to taste with salt and pepper. Add 1/2 slice of cheese to each burger about one minute before burgers are done.
4. Serve on roll with lettuce and tomato, if desired.